

POLICY & PROCEDURE



TITLE: Chest Pain					
Scope/Purpose: To provide guidelines for the clinical staff when patient arrives with chest pain.					
Division/Department: All HealthPOiNT clinical staff			Policy/Procedure #:		
Original Date: 11/08/2013			<u>X</u> New ___ Replacement for:		
Date Reviewed:	Date Revised:	Implementation:	CPIC Approved:	Board Approved:	
		03/28/2014	03/28/2014		
Responsible Party: Chief Medical Officer; Director of Clinical Quality					

DEFINITIONS:

Chest pain that may or may not be accompanied by: lightheadedness, nausea, sweating, or shortness of breath; pain spreading to shoulders, neck, arms, jaw; pain in back between shoulder blades; uncomfortable pressure, or pain in the center of the chest lasting more than 15 minutes.

POLICY:

It is the policy of all HealthPOiNT clinical staff to follow the outlined chest pain protocol below.

PROCEDURE:

Notify provider **STAT**, if provider is not available call the nursing supervisor who will make the decision to call 911.

- Place patient in a position with head of bed elevated 45 degrees unless, chest compressions are being done or patient is hypotensive.
- Obtain vital signs
- Obtain pulse oximetry on room air.
- Administer O2 at 2-4 L/minute by nasal cannula or 4-6 L/minute by mask.
- Monitor cardiac rate and rhythm via cardiac monitor or EKG.
- Never leave the patient call alone, call out to fellow staff member to get the AED and Emergency Crash Box.
- Chewable Aspirin 325 mg X 1 unless patient is allergic to aspirin or actively bleeding.
- Nitroglycerin 1/150 grains sublingually every 5 minutes X 3 (maximum).

- Monitor level of consciousness, vital signs, cardiac rate and rhythm, and oxygen saturation every 5 minutes and document in the electronic record.
- Prepare to transfer patient to outside facility or admit to a facility capable of providing a higher level of care if indicated.
- Print out chart for EMS.
- Complete an occurrence report and submit the occurrence report and chest pain checklist to clinic manager.

REFERENCES:

Acute Coronary Syndrome. (2003, December). In *Cardiovascular System Health Care Services*. Retrieved from <http://www.cphcs.ca.gov/docs/imspp/IMSPP-v05-ch06A.pdf>

TITLE: Chest Pain				
Scope/Purpose: To provide guidelines for the clinical staff when patient arrives with chest pain.				
Division/Department:: All HealthPOiNT Clinics			Policy/Procedure #:	
Original Date: November 8, 2013			<u>X</u> New ___ Replacement for:	
Date Reviewed:	Date Revised:	Implementation:	CPIC Approved:	Board Approved:
		03/28/2014	03/28/2014	
Date of Revision		Description of Changes		